In practice, you may not need to edit the X configuration file. As already noted, most  
Linux distributions configure X automatically at installation. Indeed, most distributions  
now rely on launch-time auto-configuration of X along with user settings for features  
such as resolution, keyboard repeat rate, and so on.  
Desktop environments typically provide a dialog box, such as the one shown in the  
following screen shot, which enables you to set the resolution, refresh rate, and sometimes other display options. Look for such options in the desktop environment’s main  
settings tool, typically under a title such as Display or Monitor.

